Image

| Planner for Written NCD Diaries (Fill for each entry) | | |
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| **NCD Diary series** | **Theme** | **Entry #** |
| 3 | My healthcare providers’ impact on my NCD journey |  |
| **Entry title** |  | |
|  |  | |
| **Main messages** | **Calls to action** | |
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| **Written Diary Creation milestone checklist** |
| --- |
| * *Plan each entry* * *Write Entry 1 and submit to NCDA for review* * *NCDA Publish Entry 1* * *Write Entry 2 and submit to NCDA for review* * *NCDA Publish Entry 2* * *Write Entry 3 and submit to NCDA for review* * *NCDA Publish Entry 3* * *Promote written NCD Diary using social media* |

| **Story of Self** | **Written Entry 1** |
| --- | --- |
| ***What will be the key points of your first entry?***  Keep in mind:  -Please list the conditions that you are living with at the start.  -Diagnosis.  -Treatment journey.  -Personal stories in your NCD journey about specific challenges or realities.  -**All information provided should link back to the theme: my healthcare providers’ impact on my NCD journey.** |  |
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| **Story of Us** | **Written Entry 2** |
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| ***What will be the key points of your second entry?***  Keep in mind:  -Your community of people living with similar conditions to you and challenges they face.  -People in your community living with different NCDs than you and the common challenges you all face.  -Personal stories from your community members about specific challenges and realities.  -**All information provided should link back to the theme: my healthcare providers’ impact on my NCD journey.** |  |
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| **Story of Now** | **Written Entry 3** |
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| ***What will be the key points of your third entry?***  Keep in mind:  -Sum up the challenges that you and your community have faced when it comes to the theme.  -Write down 1-3 calls to action to specific decision-makers in your context in order to address the challenges you outline.  -**All information provided should link back to the theme: my healthcare providers’ impact on my NCD journey.** |  |
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